

MABS' SNAPPY BOWTIE PASTA

2 TB olive oil

1 lb. sweet Italian sausage, casings removed, crumbled

1/2 tsp dried red pepper flakes

1/2 cup diced onion 3 garlic cloves, minced

1 28 ounce can diced plum tomatoes 1/4 cup MABS ATOMIC MUSTARD

1 1/2 cups heavy cream 1/2 tsp salt

12 ounces bowtie pasta, cooked al dente

1/2 cup chopped flat leaf parsley

1/2 cup (or more) freshly grated parmesan

Cook sausage in oil over medium heat; drain excess oil. Add pepper flakes, onion, and garlic and continue cooking until soft, about 7 minutes. Add tomatoes, Mabs', cream, and salt. Simmer about 4 minutes. Pour over cooked pasta. Cover with parsley and cheese ~ toss gently to mix.

